

## APPETIZERS

### **Pickeral Cheeks** 15

Fresh Lake Winnipeg pickeral cheeks, sautéed in butter with garlic, tomatoes, green onions and chili flakes, tossed in our own signature vinaigrette and topped with fresh basil. Served with garlic focaccia toast.

### **Chicken Wings** 15

A pound of our succulent, house-breaded wings with a choice of: honey garlic, house made bbq, sweet chili, hot, salt & pepper, cajun, or blue cheese dressing.

### **Garlic Shrimp** 16

Pan seared jumbo spicy shrimp with fresh garlic and smoked paprika, served with crispy potato noodles, lime and cilantro.

## LIGHTER FARE

*Add french fries, garden salad, or caesar salad for 3.50*

### **Quesadilla** 15

Your choice of taco beef or roasted chicken breast with bell peppers, red onions, and three cheeses; folded in a salsa tortilla.

### **Chicken Fingers** 12

Crispy seasoned chicken fingers with fresh house-made honey dill sauce.

## SOUPS

### **Chef's Soup of the Day** Cup 5 | Bowl 8

Prepared fresh daily; ask about today's delicious creation.

### **Baked French Onion** 10

Caramelized onions with red wine and topped with a croûton and melted swiss cheese.

### **Creamy Chicken Soup** 10

Sautéed mushrooms with Bermuda onions, fresh leeks, roasted chicken breast finished with heavy cream, served with garlic cheese toast.

## SALADS

*Meal size served with grilled garlic focaccia.*

### **Garden Salad** Half 7 | Meal size 13

Artisan lettuce topped with shredded carrots, grape tomatoes, diced cucumber, and julienne red onions served with your choice of dressing.

### **Classic Caesar** Half 8 | Meal size 15

Crisp romaine lettuce with house-made croûtons, bacon pieces, parmesan cheese, and tossed in a creamy caesar dressing.

### **Greek Salad** Half 8 | Meal size 16

Romaine lettuce tossed in our house-made greek dressing topped with diced cucumber, grape tomatoes, kalamata olives, red onions, bell peppers, and feta cheese.

### **Seagulls Signature Salad** Half 9 | Meal size 17

Our signature house salad; artisan lettuce tossed in a honey ginger dijon vinaigrette with carrots, candied cashews and dried cranberries, topped with avocado and feta, served with garlic buttered pita.

*Add to any salad:*

*Chicken Breast | 6*

*Pan Pickeral | 8*

*Shrimp | 8*

## SANDWICHES & MORE

*With your choice of soup of the day, garden salad, caesar salad, or our fresh cut french fries.*

*Add bacon, cheese, or mushrooms | 1.50 ea.*

*Add avocado | 4 Add egg | 2*

### **Steak Sandwich** 22

7oz hand cut AAA strip loin steak cooked to your liking with sautéed mushrooms on grilled garlic focaccia bread.

### **Seagulls' Burger** 16

6oz beef patty served with lettuce, tomatoes, red onions, mustard, and mayonnaise on a golden brioche bun.

### **Grilled Vegetable Clubhouse** 14

Triple decker clubhouse with grilled vegetables, lettuce, pesto, Roma tomatoes, Bermuda onions, served on marble rye bread.

### **Seagulls' Club** 16

Chicken breast, smoked bacon, tomato, lettuce, cheddar cheese, and mayonnaise served in a wrap or on a ciabatta bun.

### **Classic Reuben** 15

Montreal smoked meat with house-spiced sauerkraut, melted swiss cheese, and thousand island dressing; served on marble rye.

# PASTA

All Pasta is served with *grilled garlic foccacia*.

## Spaghetti

Spaghetti with a house-made tomato basil sauce topped with parmesan cheese.  
Add *Bolognese sauce or baked cheese / 4 each*.

16

## Pasta Primavera

Sautéed grilled vegetables with extra virgin olive oil, fresh garlic, and house made tomato pesto sauce tossed with spaghetti noodles and finished with fresh Parmesan cheese.

17

## Chicken Fettuccine

Fettuccini tossed in a garlic and onion cream sauce with roasted chicken breast, mushrooms, parmesan cheese and parsley.

20

## Some Like it Hot

Fettuccini tossed with sautéed mushrooms, garlic, corn, jumbo shrimp and smoked bacon in a sambal cream sauce.

22

# LAKE WINNIPEG'S FINEST

## Pickeral Fillets

Pan fried Lake Winnipeg pickeral, served with Manitoba wild rice pilaf, onions, bell peppers, and chef's vegetables.

22

## Fish and Chips

Our signature beer-battered pickeral fillets served with fresh, house-made tartar sauce, lemon, and french fries.

18

## Fish Tacos Trio

Your choice of our signature beer-battered pickeral fillets or pan fried pickeral fillets, with tomato, red onion, a three cheese blend, and chipotle mayo folded into flour tortillas and finished with fresh cilantro.

16

# DINNER ENTRÉES

*Available after 4pm.*

*Start with your choice of soup of the day, garden salad, or Caesar salad.*

## Ribeye Steak (10 oz)

In house cut 10 oz Ribeye cooked to perfection brushed with house-made BBQ sauce, served with parmesan cheese mashed potato and fresh vegetables.

37

## Baby Back Ribs

A full rack of our own spice-rubbed baby back ribs, slow braised and smothered with our house recipe BBQ sauce, served with chef's vegetables and choice of chef's potatoes, Manitoba wild rice pilaf, or fries

28

## Grilled Marinated Chicken Breast

Grilled chicken breast with fresh herbs topped with wild mushroom garlic sauce, served with crispy potato noodles and grilled vegetables.

22

# KIDS MENU

*For children 12 & under*

## Mini Pogos

Three fried pogos served with ketchup and mustard

5

## Kids Burger

Served with french fries or garden salad.

7

## Chicken Dinosaurs

Served with french fries or garden salad.

7

## Grilled Cheese Sandwich

Served with french fries or garden salad.

7

## Spaghetti

Spaghetti noodles tossed in butter or with tomato basil sauce.  
Add *Bolognese sauce or baked cheese / 4 each*.

7

## Fish & Chips

One piece of battered pickeral served with french fries, tartar sauce, and a lemon wedge.

8